

Dairy Day Trail Run/Walk

June 7, 2011 hosted by the Fredericksburg Women of Today

Pre-Registration

Complete the below registration form and return to Amanda Harkrader by June 1, 2011.

Registration accepted June 1-June 7 but t-shirts cannot be guaranteed.

Entry Fee

\$20 for all participants

(Includes t-shirt and breakfast)

Make checks payable to: Fredericksburg Women of Today

Age Divisions

17 and Under

40-49

18-29

50 and above

30-39

Event Information

Tuesday, June 6

5:30-6:15 AM Registration/Package Pick-up

Refreshments will be available as each participant finishes.

Breakfast provided to each participant at the Farmhouse Bed & Breakfast.

Awards Ceremony to take place at Bed & Breakfast. Awards given for runners only.

Route will be the whole nature trail.

Location

Country School House
By Bed & Breakfast
Fredericksburg, IA

Questions or Comments? Contact Amanda Harkrader
(563) 880-4280 or amandadella@hotmail.com

NAME _____

ADDRESS _____ PHONE _____

CITY _____ STATE _____ ZIP _____

GENDER M F AGE _____ T-SHIRT SIZE _____

In consideration of receiving permission to participate to run/walk on the trail, I hereby release the Fredericksburg Dairy Days Board/Women of Today, its agents, officers, employees or organizers from any liability, claims and causes of actions whatsoever, arising out of or related to any loss, damage or injury that may be sustained by any of the undersigned. (If under 18, parent or legal guardian must sign.)

SIGNATURE _____ DATE _____

PLEASE RETURN THIS PORTION OF THE REGISTRATION FORM AND YOUR ENTRY FEE TO:

Amanda Harkrader
421 W Main St.
Fredericksburg, IA 50630